## THERE IS CLAIMED:

- 1. A method of fabricating an optical fiber with microstructures, which method includes the steps of producing a plurality of capillary tubes by shrinking and drawing tubes, assembling capillary tubes around a central rod to form a bundle disposed in a preform, and drawing said bundle to form said fiber, and further includes a step of producing inside said capillary tubes a self-cleaning layer including molecules able to react with hydroxyl molecules to produce volatile gaseous substances.
- 2. The method claimed in claim 1 wherein said self-cleaning layer is produced on the interior surface of said capillary tubes after the fabrication of said tubes.
- The method claimed in claim 2 wherein said self-cleaning layer is deposited by a vapor phase chemical deposition technique such as Modified Chemical Vapor Deposition (MCVD), Plasma Chemical Vapor Deposition (PCVD), or Surface Plasma wave Chemical Vapor Deposition (SPCVD).
- 4. The method claimed in claim 2 wherein said self-cleaning layer is produced by a sol-gel technique.
- 5. The method claimed in claim 1 wherein said self-cleaning layer is produced during the fabrication of said capillary tubes.
- 6. The method claimed in claim 5 wherein said self-cleaning layer is produced by an evaporation and densification technique such as Outside Vapor Deposition (OVD) or Vapor Axial Deposition (VAD).
- 7. The method claimed in claim 5 wherein said self-cleaning layer is produced by a sol-gel technique.
- 8. The method claimed in claim 1 wherein said self-cleaning layer is produced from gaseous precursors including at least atoms of chlorine and/or fluorine.
- 9. An optical fiber with microstructures comprising a plurality of capillary tubes disposed around a central rod and including a self-cleaning layer including molecules able to react with hydroxyl molecules to produce volatile gaseous substances.
- 10. The optical fiber claimed in claim 9 wherein said self-cleaning layer includes at least atoms of chlorine and/or fluorine.

- 11. The optical fiber claimed in claim 9 wherein said self-cleaning layer is disposed on the interior surface of said capillary tubes.
- 12. The optical fiber claimed in claim 9 wherein said self-cleaning layer is incorporated into the material of said capillary tubes.
- 13. The optical fiber claimed in claim 9 wherein said self-cleaning layer is from  $50 \mu m$  to 3 mm thick.
- 14. The optical fiber claimed in claim 9 wherein said central rod is made of pure or doped silica.
- 15. The optical fiber claimed in claim 9 wherein said capillary tubes are made of pure or doped silica.